

Targetted Intervention Strategies for Poor Organization

REASONS		OBSTACLES				
Overall area for Growth	Specific Concern	Possible Intervention Strategies				
Knowing and/or applying strategies for organizing	Cannot meet deadlines	Has not internalized a sense of how long x minutes feels like	Cannot estimate how long tasks might take	Does not prioritize and sequence tasks well	Lacks a system for meeting deadlines and taking breaks	Does not know how to get started
	Cannot organize space and materials	Does not know why the task is important	Has poor sorting and classifying skills	Does not have or remember simple rules or patterns for organization	Cannot visualize the finished product or a plan to achieve it	Cannot break tasks down and sequence them
	Cannot organize ideas	Does not establish a clear purpose for the task	Cannot brainstorm ideas for implementation or establish priorities	Does not understand the purpose of a first draft plan	Cannot sequence ideas in a logical way	Does not know how to revise and refine a plan

REASONS		OBSTACLES				
Overall area for Growth	Specific Concern	Possible Intervention Strategies				
Staying organized	Cannot transfer skills to unfamiliar settings	Cannot visualize how, when, or where to apply the skill	Is overly dependent on others	Is using an organizing system that does not match personal style	Does not feel payoff is enough to make organization strategies habits	Does not reflect and adjust regularly
Procrastinates	Experience task paralysis due to anxiety or false beliefs	Avoids boring or difficult tasks	Has an unhealthy fear of criticism or mistakes	Has unclear expectations and priorities	Does not "get" how organization affects success	Lacks self-confidence due to limited success